



# UNSER MASSAGE- UND THERAPIEANGEBOT



- Klassische Massage
- Aromamassage
- Hot-Stone-Massage
- Kräuterstempelmassage
- diverse Ayurveda-Behandlungen
- Balinesische Massage
- Triggerpunktbehandlung
- Schröpfen
- Kinesiotaping

## BARBARA GASSER

Masseurin, dipl. Wellnesstrainerin  
Mobile: 079 211 07 35



- Klassische Massage
- Sport-Massage
- Fussreflexzonen-Massage
- Triggerpunkt-Massage
- Narbenentstörung
- Colonmassage
- Faszien-Behandlungen

## NIVES HELLER

ärztl. dipl. Masseurin  
Mobile: 079 563 56 58



- Klassische Massage
- Sport-Massage
- Fussreflexzonen-Massage
- Triggerpunkt-Massage

## CLAUDIA BÜCHI

dipl. Gesundheitsmasseurin  
Mobile: 079 255 00 88

Zu diesen Zeiten stehen Ihnen unsere Masseurinnen zur Verfügung (bitte Farben beachten).

|               | MO | DI | MI | DO | FR   |      |      |      | SA   |      |      |      | SO   |      |      |      |
|---------------|----|----|----|----|------|------|------|------|------|------|------|------|------|------|------|------|
|               |    |    |    |    | Wo 1 | Wo 2 | Wo 3 | Wo 4 | Wo 1 | Wo 2 | Wo 3 | Wo 4 | Wo 1 | Wo 2 | Wo 3 | Wo 4 |
| 08.00 - 08.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 08.30 - 09.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 09.00 - 09.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 09.30 - 10.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 10.00 - 10.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 10.30 - 11.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 11.00 - 11.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 11.30 - 12.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 12.00 - 12.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 12.30 - 13.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 13.00 - 13.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 13.30 - 14.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 14.00 - 14.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 14.30 - 15.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 15.00 - 15.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 15.30 - 16.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 16.00 - 16.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 16.30 - 17.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 17.00 - 17.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 17.30 - 18.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 18.00 - 18.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 18.30 - 19.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 19.00 - 19.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 19.30 - 20.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 20.00 - 20.30 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |
| 20.30 - 21.00 |    |    |    |    |      |      |      |      |      |      |      |      |      |      |      |      |

■ Barbara Gasser ■ Nives Heller ■ Claudia Büchi

